

Structure of General Education Courses

NOU's general education courses are classified as formal and informal learning activities. Formal courses include basic, core general education, and seminars, which sum up 26 credits. Informal learning consist of a diversity of learning activities providing meaningful learning experiences (Please see Course Titles and Course Map).

I. Basic General Education Courses:

Basic General Education Courses equip students with basic language abilities and information literacy.

II. Core General Education Courses:

Core General Education Courses cultivate literacy in humanities and arts, society and politics, health and environment.

III. Seminars:

Seminar of different topics and fields dive into new trends of information technologies and social changes to broaden student's horizons.

Basic	Subject Domain: Chinese Literature	
	Goal	To improve students' understanding and appreciation of Chinese literature and culture to cultivate articulate and knowledgeable individuals.
	Requirement	3 Credits
	Subject Domain: Foreign Language	
	Goal	To improve students' basic foreign language abilities in English or Japanese.
	Requirement	3 Credits
	Subject Domain: Information Literacy	
	Goal	To equip students with the ability to use information technology wisely, effectively, and efficiently for lifelong learning life.

	Requirement	3 Credits
Core	Subject Domain: Humanities and Arts	
	Goal	To build rich knowledge of culture and aesthetics through courses based on liberal arts.
	Requirement	5 Credits
	Subject Domain: Society and Politics	
	Goal	To provide students with insight into their relationships with the self, the others, and the society, to foster an attitude and practice of civic awareness and knowledge of democracy and rule-of-law.
	Requirement	5 Credits
	Subject Domain: Health and Environment	
	Goal	To foster students' ability to lead a healthy and balanced life in body and mind, and to engage in eco-friendly and sustainable behaviors.
	Requirement	5 Credits
Seminars	Goal	To Broaden student' s horizons by diving into new trends of technological and social changes through seminars of different fields.
	Requirement	5 Credits
Total Credits		26 Credits